

Dr. Theja's Newsletter

Vedic Astrology Circle

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Dear friends

I hope that you all have been keeping busy and happy like me. I believe that it is good to keep occupied as long as it is not stressful.

During the last three months I had lot of work to do which I really enjoyed. It started with organising humanitarian aids for the victims of the Tsunami. Let me talk more about the issues related to the Tsunami in my next page.

In February, I spent three weeks in Melbourne, Canberra and Sydney. That was a great experience, because it was my first visit to the eastern states. This is my 15th year in Australia, and I am very happy to be here and to come across so many wonderful clients, who have been supporting me for the last number of years. My visit to the east, gave me an opportunity to meet many of my clients. It was great to see the busy nature in those big cities. However, personally I feel very happy and blessed to live in Perth. I find Perth, one of the great cities for those who want to lead a relaxed life and to practise spiritual activities.

In March, I had to go to Singapore as usual, to offer consultations and talks. As usual, I was working at Boat Quay, near Raffles Place, and I am happy that the popularity was so high that I was requested to offer readings at the Meritus Negara hotel near Orchard tower. I was pretty busy till the end of March. I did not feel the need to rest as I really enjoyed talking with my clients and giving necessary guidance to them. My clients are my friends, and some of them are like family members. Thank you for keeping me busy and happy. I wish you all the same and I look forward to seeing you again. With warmest regards,
THEJA

Tsunami and its effect to Sri Lanka

Sri Lanka is the nation that suffered the second most deaths in terms of sheer numbers. But, in proportion to its relatively small population of 19 million, Sri Lanka is in many ways, the nation most badly battered by the catastrophic force. The death toll has been estimated to be more than 50,000, which makes this the most adults taking natural disaster that the country has faced in its living memory. The magnitude of the tsunami waves were so enormous that it flung a train and swept away five wagons loaded with people into the ocean, leaving many of its thousand passengers. I have no words to explain the losses that Sri Lanka faced from its deadly tsunami. We're all very much touched by this tragic incident, is great to see the unbelievable compassion and loving kindness of people accountable, and how hard they were working to help the survivors of the tsunami to recover soon.

I would like to take this opportunity to thank my loving clients, who went out of their way to help the victims of tsunami in Sri Lanka. I am surprised how my clients responded so positively to my request for humanitarian aids. Once again, thank you very much for the generous support given to us in this largest humanitarian relief activity in the world's history. May your good deeds and thoughts help you to gain happiness and prosperity forever!

I'm looking forward to organise a funding system to look after an orphanage or to develop a foster parenting system. I look forward to submitting a proposal about this project in the near future. Our plan is to collect \$ 30 to \$ 50 a month. Those who wish to participate may contact me.

14th April to 14th May – Sun will exalted in Aries

April is an interesting month for all Sri Lankans, especially me. We celebrate the Sinhalese / Sri Lankan New Year on the 14th of April. My 29th wedding anniversary falls on the 8th of April and my birthday is on the 27th.

More importantly, the Sun will transit into Aries on the 14th of April. That means, the Sun will be exalted for a month till 14 May. It is a good time period for - public authorities and for the government. Therefore, those who celebrate their birthday within this period will develop lot of authority, dignity, high self-esteem and leadership qualities. The good news is, that all the babies born during this period will most probably develop these qualities .

Mercury

Mercury is the planet of communication. It gives us intelligence, wisdom and intellectual nature. It is also known to provide the following qualities and talents to a person, depending on his strength and the position of Mercury in your horoscope: Intelligence talkative nature, ability to learn matters related to communication, such as speech and writing, analytical ability, humour, remembering mathematical figures and numbers, to practise law, commerce and trade, enterprising nature, accounting, interest of astrology, good nervous system and logical thinking.

The birth chart will reveal whether the Mercury is positive or negative. By knowing this, it will help us to get organised with Mercury related activities

Vedic Astrology Lessons / Workshops

In future, I look forward to introducing, some basic lessons on astrology through the Newsletter. This will most probably start in winter 2005. There have been many queries about how one can learn Vedic Astrology. Therefore, those who wish to join may contact me. If the numbers are high, I can even organise a series of lectures.

I am also looking forward to running a weekend workshop. This will help you to learn the basics and to develop a greater interest into Vedic

Astrology while studying and analysing your own horoscope or one of your loved ones.

Inspirations

I have seen that the Vedic Knowledge and the philosophy behind Buddhism can give us a lot of inspirations on how to lead a happy and contented life. Therefore, under this column, I wish to forward some valuable words, which have a greater meaning to our lives.

Controlling the Emotions

An emotion is a state of deep feeling, an "inward stirring" which can act as a motivation for an action. Emotions are often associated with instincts, the inborn tendencies to act in specific ways in specific situations. Human beings are conditioned to a very great extent by their emotions, by their likes and dislikes. Too often their emotions are biased by self interest and egotism, even to the extent that they overwhelm sense and reason, compelling us to act in ways that, in saner moments, we regard with dismay.

Emotions generally arise in response to the spontaneous evaluation of perceptions. A person evaluates his or her percepts - of another person, an object, a situation - as desirable or undesirable, as helpful or as threatening. On the basis of this evaluation an emotion will arise in response to the situation: desire for those things positively evaluated, aversion or fear towards things seen in a negative light. Emotions may be harmful, such as lust, anger, and fear, or wholesome, such as sympathy and compassion. While desire and aversion are the prototypes of the unwholesome emotions, loving kindness and compassion are outstanding examples of emotions that ennoble us and elevate human nature.

From ***A Simple Guide to Life*** by Robert Bogoda

My programme

I will be in Perth till 5 June 05. Then I look forward to spending 2 weeks in Indonesia and to visit Borobudur temple. I also have an invitation to offer readings in Hong Kong. This will be around end of August 05. Until then, I look forward to enjoying some wonderful readings in Perth.

With Love **THEJA**